

Prepared Meals

Are you happy living at home?
Then live there as long as possible!



In order to support seniors and their caregivers so that they remain at home as long as possible, we present a list of places where you could get meals prepared in individual portions.

Examples of menus offered: Sheppard's Pie, lasagna, stew, cabbage rolls, quiche, roast pork etc.

Contact the establishments below for more information on their procedures and pricing.



Potton Region

Reilly House	Mansonville	450-292-3109
Jeannette Bellefeuille	Mansonville	450-292-4308
Owl's Bread Bakery	Mansonville	450-292-3088
Euro-Deli du Village	Mansonville	819-580-7557
Marché Richelieu	Mansonville	450-292-5252
Dépanneur des 13-Bonisoir	Mansonville	450-292-5882

St-Étienne-de-Bolton Region

COOP du Grand-Bois	St-Étienne de Bolton	450-297-3787
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Eastman and Stukely-Sud Region

Café Bistro les Trois Grâces	Eastman	450-297-4291
Marché J.P.Fontaine	Eastman	450-297-2815

Other Options: Meals Prepared in Your Home

Coopérative de solidarité de service à domicile (CSSDM)	819-843-8842
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