

Meet 2024 Olympic Games hopeful, Jada Winter Manson



THE SCOOP

MABLE HASTINGS

With 22 medals under their belts, the 314 member Canadian Olympic team has returned from Rio de Janeiro, Brazil after competing from August 5 to 21 in the summer games held there. 128 men and 186 women participated in 27 sports representing Canada. 15 bronze, 3 silver and 4 gold medals including the four attained by sixteen year old swimmer, Penny Oleksiak the youngest Canadian gold medalist in history. The participation following all of the hard work in itself must feel like a huge accomplishment to these athletes; add

to that the medal count and surely their efforts have been rewarded.

I believe that something even greater was achieved by these athletes and it is something that they will only come to understand now that they have returned to their country and their own hometowns. The profound affect that watching these Olympians has had on the youth of Canada (and surely other countries as well), has been inspirational, motivating and has sparked a new interest in sports and physical fitness. The games have even planted the seeds for the future and new dreams of goals and aspirations for many young athletes. I can't imagine how Penny Oleksiak will feel as she faces crowds of youngsters who see in her a spark of hope and a reason to believe. This is true of all of our Olympians and is likely an unexpected bonus as they return to begin to train for the future.

Throughout the duration of the games which flooded most channels of our television viewing, I had the pleasure of meeting up with Jada Winter Manson as she volunteered at the Reilly House in Mansonville. Jada is seven years old and is about to enter second

grade at Knowlton Academy. Jada loves sports.

"I have been watching the Olympics," beamed Jada. "It makes me so excited to see our athletes compete and I just can't stop watching," she said.

Jada told me that she is a runner and loves to compete in races held at her school as well as competitions held against other schools in the area. She said that she first ran against friends at her school and that her Physical Education teacher, Mr. Nicolas Lemaître asked her if she would like to try running as "her" sport? Jada was keen.

"The first time I raced, I didn't win and that is okay," explained Jada. "I was just happy to participate."

Last year while in grade one, Jada and her schoolmates competed in a three school event and Jada won third place and received a bronze medal, she said that this made her feel really proud and motivated her to continue to get better.

"My cousin, Zoey Webster is older than me and is a terrific runner and it makes me proud when she wins; which is pretty often," Jada shared. "You have to be proud of your schoolmates because they are a part of your team, like in the

Olympics."

This past week as I sat with Jada for an "official" interview, she held a pretty white box which she opened carefully. Inside the box she revealed two medals, 5 ribbons and the number she wore when she participated in the 1km run as part of the Tour de Lac Brome event, she was runner number 2203.

Jada is a very active seven year old. Besides running, she participates in the Saturday gymnastics program animated by Heather Croghan and she loves it. She also tells me that she loves art class with her teacher, Madame Josée Bourbeau but, her heart is in sports.

"The thing about sports," she explains, "you have to encourage others, be nice, and push yourself to reach your potential and at least try to do your own personal best."

Her final tip was to the runners out there...

"Try to get the inside lane, it is the best lane of the five and don't look back to see who is following you, just RUN!"

2024 just may see a new Canadian Olympic Medalist as Jada Winter Manson has some very big plans and the right attitude to achieve them.

Vintage Car Show revs up for MS support

Record Staff
SHERBROOKE

The Multiple Sclerosis Association Estrie (ASPE) has renewed its partnership with the Sherbrooke Antique Car Club for the 22nd edition of the Les Belles de Fleurimont exhibition to be held this Sunday, August 28.

Young and old are invited to come out between 8:30 a.m. and 4 p.m. at the Julien-Ducharme Centre in Fleurimont to admire some 600 sports and modified vintage cars on exhibit. The price of admission is \$5 for adults and \$2 for children 12 and under. All profits will be donated to ASPE to improve services for people with and fund research on multiple sclerosis at the CHUS, here in the Eastern Townships.

On site, a festive atmosphere and

retro music await visitors who can explore the offerings of a small flea market and enjoy the canteen and the drinks counter at their disposal.

The Estrie Multiple Sclerosis Association is a non-profit organization offering support and availability to people with multiple sclerosis and their entourage. MS is an unpredictable and progressive disease with no known cure and whose causes are as yet unknown. Muscle weakness, loss of balance, extreme fatigue and disorders of vision are just a few symptoms. In the Eastern Townships, over 2,000 people are affected..

For more information on the exhibition Les Belles de Fleurimont, please contact Pierre Casavant from the CVAES at 819-575-9949 or Jasmin Noël, from the ASPE at 819-812-3300.



The 22nd Edition of the Belles de Fleurimont vintage car show takes place this Sunday at the Julien-Ducharme Centre to support MS sufferers.

ASPE

Rotarians distribute school supplies to needy kids

Record Staff
SHERBROOKE

On Tuesday, the Sherbrooke Rotary Club distributed school bags in institutions of the School Board de la Région de Sherbrooke for the 10th consecutive year

In total, the Club handed out 250

backpacks that included all required school supplies to be shared among eight schools in disadvantaged Sherbrooke neighborhoods. First-year students will benefit from new school materials to facilitate their entrance to school and their integration.

Thirty volunteers, members and

friends of the club, have been involved throughout the year in shopping, preparation, and distribution of bags. The realization of this project and the purchase of equipment are made possible by funds raised at the Rotary Book Fair of Rotary, to be held next October, and the club's annual Wine & Cheese

party.

This project is part of the priority mission of Rotary International that is literacy. Locally, the Sherbrooke Rotary Club hopes to help generate interest among young people towards reading and schooling.