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Weather



TODAY:
CLOUDY

HIGH OF 3
LOW OF 0



TUESDAY:
SNOW

HIGH OF 2
LOW OF -1



WEDNESDAY:
SNOW

HIGH OF 2
LOW OF -1



THURSDAY:
CLOUDY

HIGH OF 1
LOW OF -5



FRIDAY:
MIX OF SUN
AND CLOUDS

HIGH OF -1
LOW OF -7

Family Drop-In free music workshop



THE SCOOP

MABLE HASTINGS

The Potton Family Drop-In (created by the Potton Committee and Ressources Relais Memphremagog) is offering a free Music Workshop at the Mansonville Town Hall (2, Chemin Vale Perkins, 2nd floor community room) on Tuesday, November 27th from 9am-11am with a certified music therapist from the Centre L'Élan.

Organizer, Janie Lefebvre (Ressource Relais) and Vickie Levasseur (Centre L'Élan) are hoping that families will join them for the fun event where those attending can make their own musical instrument, have a small jam session and learn about the benefits of music therapy.

"We strive to make these sessions fun for parents and their children," said Lefebvre, "music speaks to all age groups and having a certified music therapist with us is sure to enhance the activity."

The Staff Team from the Ressource Relais Memphremagog is providing services not only in Magog but in Stanstead and Potton as well. Their main mandate is to help people in the community and refer them to appropriate resources and services based on their needs and what they are going through. Lefebvre has been the resource person in Potton for a year and a half now. While she has made



Janie Lefebvre (Center) poses with the Ressource Relais Memphremagog team

COURTESY

contact with many, especially parents with young families, she hopes to organize activities that will interest others. Following this event, she will be holding another in December with a Christmas theme.

"The objective of the drop-in is to bring young families and parents together with their children," explains Lefebvre. "Meeting other parents and children breaks the isolation and this can be a chance to get out and enjoy the

company of others while partaking in a fun activity."

Like most activities organized, the success is measured by the interest and attendance and the Ressource Relais team is hoping that this activity will appeal to families. For more information about the activity or the Ressource Relais Memphremagog services, call Janie Lefebvre at 819-580-0942 or email: err.rue@gmail.com



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