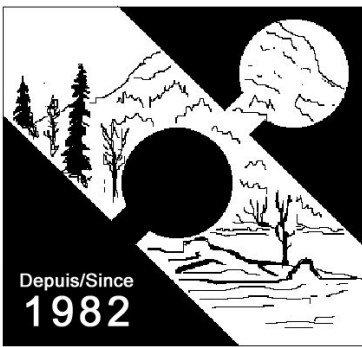


CABMN Newsletter



CABMN Missisquoi North Volunteer Centre

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Girls Group

Five year old Brianna Woodard had a great time in her first year of Girls Group this year (Fridays from 2:00-4:30 pm) at the Youth Centre. The program re-starts in September, and Brianna hopes others will join her and the 20+ girls who attend the group each week for crafts, games, dancing, exercising, and fun!



Open Mic Fun

The SADD group hosted an outdoor Open Mic at in the back yard of the Youth Centre on Saturday, May 26. BBQ hot dogs were served prior to musical entertainment by some of the "regular" Coffee House performers. The gathering was the perfect opportunity to present graduating SADD members, Kristi-Ann Bouchard and Jeremy Hamilton, with the traditional "SADD Baskets" – laundry baskets filled with towels, cleaners, kitchen and bathroom supplies and other household items they will need as they transition from high school to the adult world.

The casual evening gave everyone a chance to welcome summer and be together one more time before the Youth Centre closes in July and August.

Welcome Nancy!

The CAB is happy to announce the recent hiring of Nancy McClure as Receptionist/Secretary. Nancy will also be the staff liaison for our Partage/Share and Nurti-santé committees. Nancy's association with CAB goes back many years a member of the 1st SADD group in 1987. Welcome back, Nancy! This new position is result of a reorganization of services thanks to a recently acquired developmental budget for seniors. Long-time Coordinator of services, Angelle Laplume has accepted a new challenge as our Coordinator of support services for seniors and their caregivers. Angelle will focus on promoting existing services and maximizing participation. It's a good time to be a senior in our area!

Three Youth Centres United

The Missisquoi North SADD group hosted youth and youth leaders from "Le Spot" youth centres in both Sutton and Lac Brome on March 23. Officer Patrice Grégoire, of the Quebec Provincial Police, presented an information session on the subject of drugs and alcohol. The evening was informative and a very positive gathering of the youth from the three centres.



HAVE A GREAT SUMMER!



Thank You Eric!

In April, the Missisquoi North SADD group recognized Potton's long-time Sûreté du Québec (QPP) "Godfather," Eric Tremblay, who is leaving the Potton territory. He will remain with the QPP Sherbrooke, but will be Sergeant in the Waterloo area. Eric has been a wonderful help to the SADD members and has done many workshops with the group. SADD thanks Eric for his hard work and support, and will miss him a lot!

AGM and Public Information Meeting

June 19, 2012 at 7:00 p.m.
Mansonville Town Hall
2, rue Vale-Perkins, Mansonville

This activity is for members, volunteers, users, and clients. Anyone who is (or could be) interested in our activities, services, and mission is also welcome.

Please R.S.V.P. by phone at 450-292-3114 or by email at infos@cabmn.org, no later than June 18.



CABMN Newsletter



SADD Retreat Weekend

In May, the SADD and FYI groups held a workshop retreat weekend for the participants from both groups. Team building activities, leadership workshops, projects to develop stronger self-esteem, as well as SADD-related projects and promotional activities, were all part of the two day weekend event.

Here the youth are pictured with guests, including author, Julia K. Rohan (*Weaverworld: Grimsnipe's Revenge*) and her husband, Ted, who were two of the guests who joined the youth for their "Look Who's Coming to Dinner" event.

A Community of Special Friends

For participants of the Ken Jones Centre's Respite Care Program, it would be difficult to find a closer knit community of friends – or an activity day when there wasn't something special going on. Four recent examples: celebrating Alli's 29th birthday; decorating fabric bags for Mothers' Day; playing dress-up; and indoor bowling. Participants range from ages 29 to 65, with some having been together since 1999 when the program began with four clients. Today, it attracts anywhere from nine to 13. The KJC Committee is responsible for social integration and leisure activities for special needs clients – principally persons with intellectual disabilities – and respite for their families. For information, phone Sheila at 450-292-4886 on Thursday or Friday.

