

# CAB celebrates International Day of the Volunteer



## THE SCOOP

MABLE HASTINGS

On Thursday, Dec. 5 from 4 to 6 p.m. the Missisquoi North Volunteer Centre (CAB) in Mansonville recognized the contribution of their over 200 volunteers from the region at an open house held at the CAB Main offices located at 314-B Main Street, as part of the International Day of the Volunteer celebration.

Some 40 volunteers representing committees and programs such as: accompanied transportation, the Partage/Share food bank, Ken Jones Respite committee, Youth Support, Property, FYI, SADD, CIA, Wednesday Drop-in "Vie Active," Main Office reception, Youth Centre, Nutri Sante, Human Resources, Income Tax Clinic, and the Board of Directors, were in attendance at the afternoon event to celebrate the efforts of all who volunteer at the



Left to Right: Volunteers from the CAB "Carrefours d'information pour aines" (CIA) project: Charles Larin, Lucie Bedard (project coordinator), Monique Lasnier and Jean Filion.



Kim Nichols (CAB Administrative Assistant) poses with volunteers Michael Darney and Diane Bishop.

CAB.

CAB Executive Director, Alison Hannan welcomed the guests and warmly noted the contribution that volunteers make to organizations like the volunteer centre and so many others in the commu-

nity.

"Without the dedicated contribution of volunteers like you, organizations like ours would not exist," said Hannan. "We truly appreciate your time and we thank you for all that you do."



PHOTOS BY MABLE HASTINGS

Accompanied transportation volunteer, Cécile Arès and Angelle Laplume, CAB Coordinator of Support Services for Seniors.

Members of the CAB Staff team: Lucie Bedard, Alison Hannan, Mable Hastings, Sarah Jersey, Angelle Laplume, Kimberly Nichols, Eleanor Paige, and Sheila Samborsky were on hand to personally take a moment in recognizing each volunteer group/committee placing a gift under the Christmas tree in the name of each group, stating that: "You the volunteers of the (committee/group name) are a gift to your community."

Refreshments were served and the event was topped off with a beautiful cake (in the shape of a gift), made by CAB volunteer Tamara Hamelin. Volunteers truly are a gift in all communities!

For more information about the Missisquoi North Volunteer Centre (CAB) and its many programs, visit the website at [www.cabmn.org](http://www.cabmn.org)