

# ‘Live’ Love: Angel Forrest and Denis Coulombe perform at the Missisquoi North Youth Centre



THE SCOOP  
MABLE HASTINGS

On Friday, April 4 the Missisquoi North Youth Centre Students Against Destructive Decisions (SADD) and the Former Youth Involvement (FYI) committees organized a Musical Evening at the youth centre located at 282 Main Street in Mansonville. The evening included an open mic followed by a two hour show with musical guests: Angel Forrest and Denis Coulombe.

Angel Forrest winner of the Maple Blues Award for “Female Vocalist of the Year,” and singer/guitarist, Denis Coulombe had the crowd wrapped under their mesmerizing spell from the moment they took the stage.

A blend of melodic blues, raunchy soul and touching love songs; the crowd gathered could not get enough. The audience ranged in ages from three months old to 87 years young and as bodies swayed, toes tapped and hands enthusiastically clapped in time to the



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Angel Forrest.

music. It was soon apparent that this duo offers something for everyone.

With a career spanning over 26 years and seven records under her belt, Angel Forrest will release her latest album, “Live” Love, this week. A collaborative effort with her husband Denis and the Maple Blues Awards Guitar Player of the Year, Paul Deslauriers. The album recorded live November 28, 2013 at the Palace in Granby, features originals and cover favourites by the talented trio.

“We love music, we love each other and we love to play,” says Angel Forrest on the inside cover of the new album. “We are very excited about this double cd and we can’t wait for our fans to hear it,” said Forrest.

The trio noted the support they have received from their sponsors, Les guitares Boucher, Larrivee, and Sennheiser Canada as well as the folks at the Palace in Granby, Jimmy Plante, Chante and David Falconer for their photography.

They especially acknowledged their agent, Brian Slack and family and friends who have given their unconditional love and constant support.

While this album is a treat that offers the ultimate diverse taste of an evening jam packed with amazing talent and a delicious ample serving of Blues, rock and soul, I would encourage fans and newcomers to also purchase last year’s album, “Mother Tongue Blues,” as this just may be Angel Forrest at her best.

A familiar face on the Canadian blues circuit, strong appearances at Montreal’s internationally renowned jazz festival and after tours with the likes of Dennis De Young (former Styx vocalist), Shawn Philips and The Beach Boys, Angel Forrest is one of the Eastern Townships and Montreal’s local treasures. Angel Forrest and Denis Coulombe will likely find a place in your heart; like old friends you feel you’ve known forever.

The concert this past Friday at the Youth Centre in Mansonville is only the beginning of a multitude of shows that will tour all over Quebec and beyond in the coming months. The SADD and FYI youth extend their appreciation to Angel and Denis and thank them for bringing sweet music to the youth centre.

Angel Forrest and Denis Coulombe have been nominated in six categories for Quebec’s “Lys Blues” Awards and they need your support in voting for them. Visit: <http://3renblues.com/nominations-lys-blues/>

## Intergenerational Exchange brings smiles to all ages

By Mable Hastings

The Missisquoi North Youth Centre (CAB) in Mansonville welcomed the young and young at heart for an intergenerational exchange on Saturday, April 5. The fourteen people attending the afternoon of fun and games was made up of members of the Potton Golden Age Club and youth from CAB’s youth programs. The group gathered ranged in ages from 14 to 91.

The activity was organized by Elizabeth Jersey, a Potton native now attending Concordia University. Elizabeth is in Concordia’s Therapeutic Recreation Program where she was given the task of doing a “Service Learning Project” to help students acquire more experience and tools as a professional in the field of Therapeutic Recreation. Elizabeth decided that an intergenerational exchange would benefit both of these local community groups and would enable her to write her project on the experience. What better way thought Elizabeth than a good game of bingo to bridge the generation gap?

The two age groups quickly mixed with a large group gathered at the Bingo table and a smaller group opting for a good game of cards. The group was made up of both Francophone and Anglophone participants and a bilingual chatter soon filled the air.

“I really enjoyed putting away my telephone and electronic gadgets for a bit,” said Julia Eldridge a member of the CAB’s Former Youth Involvement (FYI)



MABLE HASTINGS

Elizabeth Jersey (front right), a Concordia University student poses with the young and young at heart in Potton at an Inter generational exchange held at the Missisquoi North Youth Centre.

committee, who took part in the event. “It was nice to learn a new game from one of the seniors and to share some face to face time with them.”

Following the games, Elizabeth shared the homemade desserts that she and her mom and sister had prepared. The group sat together and discussed what each person felt they had received from taking part in the exchange. The majority in attendance commented on

the fact that there were, despite a lot of years between the ages of their members, many similarities between the two groups.

“I really appreciate opportunities to exchange with this age group,” said Lana Lane a member of the Golden Agers. “We don’t have a lot of chances to mix with the youth and we all enjoy it so much; this has been a real treat for us.”

Elizabeth will now go back and re-

flect upon the exchange including the reviews and comments and she will write her paper on the experience. As she concluded her event, she encouraged both groups to work to maintain a regular get together as the feedback shared clearly expressed both group’s enjoyment in coming together from time to time. This activity was a clear indication that the gap between the young and young at heart is not all that big.