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Weather



TODAY:

HIGH OF 11 LOW OF 3



TUESDAY:

HIGH OF 10 LOW OF 5



WEDNESDAY: 70% CHANCE **OF SHOWERS**

HIGH OF 9 LOW OF 0



THURSDAY: **SUNNY**

HIGH OF 4 LOW OF-3

FRIDAY: MIX OF SUN AND CLOUDS

HIGH OF 6 LOW OF 3

Social intervention students from France pay a visit to the Missisquoi North Volunteer Centre (CABMN)



THE SCOOP

MABLE HASTINGS

n Tuesday, October 2, Members of the Missisquoi North Volunteer Centre (CABMN) staff and Board of Directors welcomed guests: Isabelle Mercieca-Coordinator and Maïa Poulin, M.Sc.Development consultant, from NISKA-a development consulting cooperative which offers training about citizen action and community development, as well a group of fifteen students who are directors and coordinators of "Community Centres" in social intervention from France. The exchange was part of the group's studies in the field of community development and social

The visit to the CABMN main office located at 314B Principale in Mansonville, was to find out about the services of the CABMN and its role in providing these services in a rural community of Quebec. The group was informed by CABMN staff and BOD members about the CABMN services and answered questions posed by the students. The exchange was positive, reflective and enjoyable. The students noted with discussion, the many differences in regards to the way services are provided in Quebec as compared to France and also found some similarities in challenges faced in this field.

The CABMN was very proud to play host to the students as various CABMN staff and BOD members shared information. Angelle Laplume, Seniors Service Coordinator spoke about the programs offered for seniors including: ViActive and Walking Group programs for exercise, the PAIR program for balance, Jog Your Mind for memory and a plethora of CABMN President, other services...

Charles Laurin spoke about the phremagog. Partage/Share and BAM emergency food program, BOD member, Hilary Head spoke about the Ken Jones Respite program for the intellectually and physically challenged. Executive Director, Mable Hastings and her Assistant, Debra Harding spoke about the programs and services for youth, volunteers, main office services and more as well as providing statistics and pertinent information about the area served by the CABMN in the Western portion of the MRC Mem-

While the group was on a tight schedule, the exchange and its content were well planned and the students left with much to discuss and ponder. Coordinators, Mercieca and Poulin were pleased with the opportunity to touch base with the longstanding organization. For more information about the CABMN visit www.cabmn.org and sign up for the newsletter.





(Visitors from France pose here with coordinators (kneeling in front), left: Isabelle Mercieca, Coordinator and right: Maïa Poulin, M.Sc.Development consultant (NIŠKA)

Ben by Daniel Shelton







