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## Weather



TODAY:  
SCATTERED  
FLURRIES

HIGH OF -14  
LOW OF -19



TUESDAY:  
A FEW FLURRIES

HIGH OF -11  
LOW OF -20



WEDNESDAY:  
A MIX OF SUN  
AND CLOUDS

HIGH OF 0  
LOW OF -1



THURSDAY:  
LIGHT RAIN

HIGH OF 9  
LOW OF -3



FRIDAY:  
LIGHT SNOW

HIGH OF -3  
LOW OF -16

# Missisquoi North Volunteer Centre (CABMN) in search of volunteers for accompanied transportation service



## THE SCOOP MABLE HASTINGS

The Missisquoi North Volunteer Centre (CABMN) offers a variety of services and programs in the MRC Memphremagog West (Bolton-Est, Eastman, Potton, Saint-Etienne-de-Bolton and Stukely). One of the essential services provided by the CABMN is the Accompanied Transport and Volunteer Driving Service for clients in need of transportation for health appointments/treatments and/or essential social community needs.

Accompanied transportation is a service in which a volunteer driver as part of the activities of a community and volunteer organization (the CABMN), duly recognized by the Health and Social Services and under the regulations stipulated by the FCABQ (Federation of Volunteer Organizations of Quebec) regarding this service, is as its name indicates, a service responding first and foremost to the persons need for transportation and support.

The volunteer driver provides transport and accompaniment for the client after the service has been arranged by the main office of the CABMN. This is an essential requirement. The driver is expected to remain with the client (or outside should covid measures continue) throughout the duration of the appointment. Being a volunteer driver means your time is voluntary, however you are reimbursed by the



Christian Donaldson, CABMN volunteer driver

COURTESY

client or a determined organization at a fixed rate per km. This will be set up for the client and driver by a member of the CABMN staff.

The CABMN presently has thirteen volunteer drivers providing this service. The drivers are from all the various areas in the MRC Memphremagog west territory.

"We are actively seeking volunteers from the Bolton-Est, Saint-Etienne-de-Bolton and Stukely areas," said Krysten Vanier CABMN staff member who coordinates the service. "We have drivers from Potton and Eastman but we like to have two or three in each of the five municipalities that our CAB services," she added.

The drivers must have a background check done when signing up to become a CABMN volunteer for this type of service. This is a simple process and the CABMN staff will guide the volunteer through the process as well as through the expectations in becoming a driver. There are certain covid regulations that must be followed to assure the

well-being of the driver and the client.

"The volunteer part of the service is that the time is not compensated however the mileage, parking costs and some other expenses are covered," said Vanier. "You won't get rich in providing the service but besides the compensation for the costs incurred you will have the satisfaction of knowing that you have helped someone in need in providing this vital service."

There is a difference between an Accompanied transportation driver and a volunteer driver who might be called upon to take someone shopping or to visit family. The two services are available through the CABMN and the differences will be explained to anyone interested in becoming a driver for the CAB.

For more information about the Accompanied Transport service or to become a volunteer contact the CABMN at 450-292-3114 and ask to speak to Krysten Vanier or Debbie Harding.

## Ben by Daniel Shelton

