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### Weather



TODAY: SUNNY

HIGH OF 21 LOW OF 0



TUESDAY: SUNNY

HIGH OF 24 LOW OF 2



WEDNESDAY: SUNNY

HIGH OF 27 LOW OF 7



THURSDAY: SUNNY

HIGH OF 27 LOW OF 7



FRIDAY: MIX OF SUN AND CLOUS

HIGH OF 30 LOW OF 11

# Local volunteers celebrated with a "Tree of Life"



THE SCOOP

#### MABLE HASTINGS

he Missisquoi North Volunteer Centre (CABMN) serving the western sector of the MRC Memphremagog (Potton, Bolton-Est, Sainte-Etienne-de Bolton, Eastman and Stukely), took the opportunity at last week's Potton Municipal Volunteer party to announce an award dedicated to volunteers in the area. At the organization's own annual volunteer party held each year in December, the group normally recognizes selected volunteers chosen by CABMN staff as "volunteers of the year," those deemed by the staff team to have gone above and beyond in their volunteer efforts. This year, the organization decided to do something different.

"We wanted to find a way to recognize the efforts of all of the volunteers in our region for their contributions throughout the Covid pandemic thus far," said CABMN Volunteer Coordination team members, Debra Harding and Krysten Vanier, who work closely with the over 250 volunteers registered in the organization's volunteer bank. "It is impossible to highlight only a few people when so many have contributed to the well-being of neighbours, friends and in many cases, people they do not even know."

Since the beginning of the pandemic, the rainbow has been used to symbolize resilience and the promise of brighter days to come. Representing life and moving forward and using the colors of the rainbow, the CABMN purchased a stained glass "tree of life" in celebration and recognition of all volunteers who have supported and aided others over the past three years.

'The tree is bright, rooted and stands

solid," said Mable Hastings, director of the CABMN. "We felt this stained glass portrays and celebrates the resilience, spirit and kindness that not only our volunteers but all volunteers have shown throughout the pandemic," she added.

The question then surfaced, with only one stained glass and so many people to recognize, where do you put such a symbol? With this question, the organization referred to testimonials and calls it had received regarding the efforts made at Potton's local pharmacy, FamiliPrix owned by Cathy Riendeau and David Rousseau. Riendeau and the staff at the FamiliPrix have been exceptional in offering services, caring for people and finding solutions to problems or issues that arise. Always aiming to put the people and their health and well-being at the forefront of their efforts, the pharmacy even collaborated with the CABMN to do a medical delivery service, free of charge,

to keep those needing to self isolate from having to leave their homes. The list of extras provided by the group were numerous and found Riendeau and her staff putting in many volunteer hours themselves.

The CABMN determined that the FamiliPrix was the perfect location for the stained glass to hang and serve as a reminder and thank you to all for whatever part they played during the past three years in helping others.

The stained glass was presented by the CABMN Volunteer Coordination team on Friday, May 6 at the FamiliPrix to Riendeau and some of her staff. The photo hear clearly indicates the pride and honour felt by Riendeau in accepting this on behalf of the community. It will hang at the pharmacy and serve as a reminder to all that together, our roots are deep and our branches that reach out in support of others are wide and strong.



TERRY STOTT

## Ben by Daniel Shelton







