

“La Bouffée d’Air” recreational and tourism company based in Potton

By Mable Hastings

POTTON – Meet Lucie Blanchard and Roger Arbour, the co-owners of “La Bouffée d’Air,” a recreational and touristic company in existence for approximately five years and conveniently located in Mansonville adjacent to the Andre Gagnon sports park on the northern end of the village.

The company specializes in the rental of electrically assisted bicycles, canoes, kayaks, paddle boards and park games. The company also offers an on-site dairy bar boasting local and regional products for all to enjoy from a variety of businesses including: Bio du Marquis blueberries, Champs de Mere-Terre and Ferme API products, Coaticook ice cream as well as Savo sorbets and gelatos from Sherbrooke. The boutique is bursting with colours inside and out. The store has a large selection of single-string, stunt and power kites as well as planes, spinners, windsurfers, flags, wind chimes and Mansonville souvenir t-shirts.

“Cycling is a great way to explore Potton township and surrounding areas,” said Lucie Blanchard, co-owner. “The Missisquoi Valley offers the beauty of a meandering river and if one ventures a mere 10km ride can take you to the shores of glorious Lake Memphremagog and legendary Owls Head mountain,” she added.

There are many reasons why one might choose an electrically assisted bicycle (EAB) including the fact that it allows you to exercise according to your personal physical capacity potentially extending the length of your ride as well as increasing access to both main roads and less busy backroads and byways.

“Several routes are available to you directly from our site, depending on the length and distance you wish to cover. No matter which route you choose, you are sure to be amazed by the view of the surrounding mountains, the wide-open spaces and the peacefulness of



COURTESY

Lucie and Roger are ready to welcome all to La Bouffée D'Air in Mansonville

the scenery,” shared Blanchard.

In addition, La Bouffée D’Air offers visitors a LA KUPA Station which is a hydration station designed and manufactured in Quebec in St-Henri de Lévis. It allows you to fill your reusable water bottle with fresh and filtered water for free. You can also add natural fruit flavors, electrolytes (popular with athletes), a natural sweetener to add a sweet taste and carbon dioxide for those who like bubbles. Versatile for all types of tastes, it is a wonderful alternative and a stimulating ally to help us change our consumption habits in the face of the environmental issue of single use plastic bottles. Don’t forget your reusable bottle the next time you visit Potton Township!

With a busy summer season behind them, the fall schedule begins. The Bouffée D’Air is open weekends until Oct. 10 from 9:30 a.m. to 5 p.m. or by reservation during the week. Located at 362 Route de Mansonville you can contact Lucie and Roger at labouffeedairpotton@gmail.com or by calling 819-919-3719.



COURTESY

The Boutique- A burst of colour!

Brome County Historical Society Fall Foliage Cavalcade set for Wednesday, Oct. 5, 2022

KNOWLTON, QC – Fall is almost here! The leaves are beginning to turn and many will soon be at their most colourful. It is a perfect time for a historical drive through our beautiful countryside, with the much-beloved Brome County Historical Society’s (BCHS) annual Fall Foliage Cavalcade. This will be an entertaining fact-filled journey by car along some of the Eastern Townships old roads, including the opportunity to visit several BCHS historical monuments and other points of great historical interest.

The Fall Foliage Cavalcade is a free

event inaugurated in the 1950s and reinvented in 2020.

If you plan to participate, let us know by 4 p.m. on Monday, October 3. Please contact Lisa Belanger at 450 243-6782, option 0, or lbelanger@shcb.ca. It is not necessary to be a member of the Brome County Historical Society, although you can become one by visiting Lac Brome Museum.

Overview

The Fall Foliage Cavalcade includes stops at the St. Michael and All Angels Anglican Church in Bolton Glen, the Nicholas Austin Monument in Austin,

the Stagecoach Monument in Brome Village, the Collins Monument in West Brome and the Tibbits Hill Schoolhouse on Tibbits Hill Road. These are five beautiful landmark monuments and buildings dedicated to the rich history and heritage of our Brome County. The detailed itinerary will be sent by email and printed copies will be available at the departure point on Oct. 5.

Details

The starting point for the tour, taking place on Wednesday, Oct. 5 at 12:30 p.m. will be the Centennial Building, 130 Lakeside Road in Knowlton with

your vehicle.

The trip will take 3 to 4 hours, and cover approximately 110 km. Don’t forget to fill up on gas and bring provisions for the road!

If rain is forecast, an email will be sent to all registrants on the morning of Oct. 5, confirming whether the Cavalcade will proceed or giving notice of an alternative date. Coffee, hot chocolate and cookies will be available at Tibbits Hill Schoolhouse, the final stop.

Submitted by Brome County Historical Society