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Weather



TODAY:
SUNNY

HIGH -8
LOW -14



TUESDAY:
MIX OF SUN
AND CLOUD

HIGH -9
LOW -12



WEDNESDAY:
CLOUDY

HIGH -5
LOW -14



THURSDAY:
SUNNY

HIGH 2
LOW -4



FRIDAY:
CHANCE OF
FLURRIES

HIGH 1
LOW -1

Ken Jones Respite Program holds annual Christmas lunch



THE SCOOP
MABLE HASTINGS

On Thursday, Dec. 8 the Ken Jones Respite Program committee, a program of the Missisquoi North Volunteer Centre (CABMN) organized their Annual Christmas lunch for clients, families/caregivers, CABMN staff and members of the Board of Directors at the Youth Centre building in Mansonville. The meal was a traditional Christmas dinner with turkey, potatoes, stuffing, gravy, salad, desserts and all of the fixings! Prepared by members of the

Ken Jones Centre Committee, the meal was delicious, the atmosphere joyful and the time with the clients a gift.
Following dessert Santa Claus made his annual visit with gifts for all of the clients. Each gift had been purchased with the client's interests at heart and the smiles spoke volumes in regards to Santa being "spot on" with his choices. Santa has some very devoted helpers on the KJC Respite committee who do a fantastic job volunteering to make the annual event a special one for the clients.

The Ken Jones Respite Program and the Day Centre program are both managed by the CABMN Volunteer Centre with the same clients attending both programs (KJC on Thursdays) and the CIUSSSE/CHUS Day Centre on Mondays and Wednesdays. The KJC Respite is animated by Sheila Samborsky and Theresa Stott (Terry) and the Day Centre by Terry and co-animator, Karen Tinker. The KJC and Day Centre program are for clients with intellectual and physical challenges and presently both groups welcome



Pere Noel and Ally
the same five clients each day.
The Thursday KJC group enjoys weekly indoor bowling, crafts, coloring, music, and spending time together. The Day Centre activities include: exercising, taking walks around the village, doing crafts, partaking in yoga, learning activities, community integration and more...

The Thursday KJC Respite is always looking for more clients to join the group of friends. If you are a caregiver or family member of a client with an intellectual or physical disability and would like more information about the Respite program, please do not hesitate to contact the Centre at 450-292-4886 and leave a message. An animator will call you back to answer your questions. You can also call the CABMN Main Office for information at 450-292-3114 or visit the website at www.cabmn.org

The efforts of those who volunteer for these programs in support of the staff and clients are truly amazing. The well-being of the clients is always at the forefront of their actions. If you speak to the staff and volunteers they would tell you that the love and friendship of the clients who participate in the groups brings a lot to them as well; making it all a very worthwhile give and take. HAPPY HOLIDAYS from the clients and staff at the CABMN KJC Respite and Day Centre programs!



PHOTOS COURTESY OF ETHAN BALL
Day Centre and Ken Jones Centre clients with animator, Terry Stott

Ben by Daniel Shelton

