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Weather



TODAY:
CLOUDY

HIGH OF 4
LOW OF -2



TUESDAY:
SNOW

HIGH OF 2
LOW OF -3



WEDNESDAY:
SNOW

HIGH OF 0
LOW OF -7



THURSDAY:
SUNNY

HIGH OF 5
LOW OF -5



FRIDAY:
CLOUDY

HIGH OF 5
LOW OF 0

Maple taffy on snow and game day for seniors in Potton



THE SCOOP MABLE HASTINGS

On Thursday, March 16 from 1:30 to 4:00 p.m. the Missisquoi North Volunteer Centre (CABMN) Senior Services team is organizing a taffy on snow and skill games activity for seniors at the Feather in the Wind Senior Centre located at 309 Principale in Mansonville (former St.Paul's Anglican Church hall).

The event will include the sampling of taffy on snow prepared by volunteers as well as beverages for guests to enjoy. A variety of skills games have been organized with a comical twist to some usual favourites. While the games will require skill, they are more likely going to leave you laughing! There will be small prizes to be won just to add to the fun!

"We are exploring some new activities aimed at the interests of our senior population that can take place at our new Senior Centre location," explained CABMN Senior Services team member, Marie-Claude Joly who joined the team in October. "If this activity is a success who knows, we may be holding a summer barbecue on the lawn in a few months!"



COURTESY

The Feather in the Wind Senior Centre is an initiative of the CABMN and is an ever evolving work in progress. Thanks to funding obtained through the Federal Government New Horizons program, the windows and doors have been replaced. Another grant has been recently confirmed through New Horizons to make an all accessible bathroom in the centre in the coming months. A new roof and the stabilizing of the foundation and insulating of the floors are on the immediate list of repairs.

The Senior Services of the CABMN includes a weekly Viactive exercise program for seniors followed by an

optional breathing and stretching session, a PIED balance program, workshops and coffee hours, a games day, friendly calls and more...

"The best way to thank everyone who has contributed to and supported the new CABMN Senior Centre," said Joly, "is to attend or encourage the senior population to attend activities. We are hoping for a great turnout for our taffy on snow event and that we can welcome spring together in a fun and sweet way!"

For more information about any of the many CAB programs visit: www.cabmn.org or call the main office at 450-292-3114.



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