

The Record e-edition

There for you
24-hours-a-day
7-days-a-week.
Wherever you are.

Access the full edition of the Sherbrooke Record as well as special editions and 30 days of archives.
Renew or order a new 12-month print subscription and get a 12-month online subscription at no additional cost or purchase the online edition only for \$137.50

Record subscription rates
(includes Quebec taxes)

For print subscription rates,
please call 819-569-9528
or email us at
billing@sherbrookerecord.com

12 month web only: \$137.50
1 month web only: \$12.37

Web subscribers have access to the daily Record as well as archives and special editions.
Subscribing is as easy as 1,2,3:
1. Visit the Record website: www.sherbrookerecord.com
2. Click e-edition.
3. Complete the form and wait for an email activating your online subscription.

Weather



TODAY:
CLOUDY

HIGH OF 1
LOW OF -7



TUESDAY:
CLOUDY

HIGH OF 2
LOW OF -4



WEDNESDAY:
SUNNY

HIGH OF 7
LOW OF 1



THURSDAY:
RAIN

HIGH OF 7
LOW OF 3



FRIDAY:
RAIN

HIGH OF 6
LOW OF -5

Maple party with games was a spring treat for seniors



THE SCOOP MABLE HASTINGS

Mother Nature smiled brightly on the maple party and games day organized by the Missisquoi North Volunteer Centre (CABMN) held on Thursday, March 16 at the Feather in the Wind senior centre in Mansonville from 1:30 to 4 p.m. Organized and animated by the senior services support team and a dynamic group of amazing volunteers, the event was attended by many enthusiastic seniors and a youth or two who accompanied their grandparents for the event.

While organizers had set up both inside and out with seating, decorations and music, most attendees preferred to enjoy the sweet treats and games from the warmth and comfort inside the centre. The efforts made outside served a purpose however as the brightly coloured decorations were both inviting and indicative of the fun event taking place for those who



PHOTOS ANGELLE LAPLUME

An enthusiastic group gathered on Thursday, March 16 for the CABMN Maple taffy and games day for seniors

ventured inside.

"There is something so gratifying after all of the organizing and planning," shared Senior Services team member, Marie-Claude Joly, "Seeing the smiling faces enjoying the day and partaking in the fun made it all worthwhile. I am beyond appreciative for the help provided by all of the amazing volunteers who gave of their time today in so many ways," she said.

Volunteers boiled and served the maple taffy on snow to attendees who waited patiently, wooden sticks in hand to twirl and taste the sweet and sticky treat of freshly prepared taffy. Other volunteers served beverages, greeted and registered people at the door, animated the hilarious games that included the winning of prizes and others aided with the set up and clean up before and after the event.

At events end when one volunteer was asked how the activity went, she replied...

"It was terrific! We had a wonderful time and the event was a lot of fun for everyone!"

Attendees were all smiles and happy with the time spent with friends and neighbours while enjoying an event synonymous with spring and the coming of warmer weather. These types of activities certainly help the senior population to enjoy local traditions filled with memories and familiar sounds, smells and fun.

The twisted games were the

brainchild of Joly who came up with the idea of taking well known sports or games and putting her own special twist on how it had to be mastered. Games included: Base-bowl, Cravate au Four, Ouefs Poches, Slapstick golf and Basket-bone.

"I'm happy," said Joly. "I hope that attending this event will encourage seniors to join us for upcoming activities like next Thursday's game day where people gather to enjoy board games, visiting with friends and taking a coffee together. We meet here at the Senior Centre (309 Principale in Mansonville) from 1:30 to 4 p.m." she said.

Wednesday mornings Linda Orefice animates a Viactive exercise program for seniors followed by a breathing and stretching session each week. Friday morning Marie-Claude Joly invites seniors to go for a walk together and anyone wishing to participate is encouraged to call the number below to find out the meeting location on any given week. There are a variety of activities organized and posted on the website (address below).

For more information on senior programming at the CABMN visit www.cabmn.org or call 450-292-3114 extension 103 and speak to a member of the Senior Services team (Tuesdays-Lucie Beaudoin or Angelle Laplume, Wednesdays-Linda Orefice or Angelle Laplume, Thursdays and Fridays-Marie-Claude Joly).



Volunteer Claudette Laplume serves freshly boiled maple taffy to 95 year young Benoit Boucher

Ben by Daniel Shelton

