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Weather




TODAY:
PERIODS OF
LIGHT SNOW

HIGH OF 0
LOW OF -9




TUESDAY:
MIX OF SUN
AND CLOUD

HIGH OF -1
LOW OF -13




WEDNESDAY:
MIX OF SUN
AND CLOUD,

HIGH OF -10
LOW OF -12



THURSDAY:
60 PERCENT
CHANCE OF
FLURRIES

HIGH OF -7
LOW OF -13



FRIDAY:
60 PERCENT
CHANCE OF
FLURRIES

HIGH OF -7
LOW OF -16

Upcoming activities and news from the Missisquoi North Volunteer Centre



THE SCOOP

MABLE HASTINGS

The Missisquoi North Volunteer Centre(CABMN) located in Potton has a variety of upcoming services, events and programs to tell you about. With a diverse clientele and a multitude of services and weekly programs, the following few are among many CABMN initiatives.
The organization's Income Tax Assistance - Volunteer Program where volunteers trained by Revenue Quebec are available to fill out your 2023 income tax returns for you. This program is available to single individuals or a

single individual with one child with an annual income less than or equal to \$35,000 or couples with an annual income less or equal to \$45,000.
Between March 7 and April 15, you must call to make an appointment at 450-292-3114 where your call will be directed to Jennifer, CABMN staff person in charge of this program who will be happy to assist you. Note that a fee of \$10 will be payable to cover printing costs. This service through the CABMN is available to persons living in the MRC Memphremagog West. Take note that some other CAB organizations may also offer this service.
On March 7 from 2 to 4 p.m. the CABMN Feather in the Wind Senior Centre (309 Principale) will offer an audiovisual presentation on the theme of "Love" animated by Lucie Maurer. Registration is required by calling 450-292-3114. Lucie does an amazing mix of music, visual and information combined and anyone who enjoys music will surely not want to miss her tribute to Love.
For more information on the CAB's plethora of seniors programs visit the CABMN website at www.cabmn.org and sign up for the weekly digital newsletter or call the office.
On March 23, the Ken Jones Respite committee will hold an Italian Western Spaghetti Dinner Fundraiser to raise money to support activities and programming for persons with intellectual and physical disabilities. The supper will begin at 6 p.m. and will be held in the Municipal space in the basement of Mansonville's Catholic Church at 324 Principale. This is an 18+ dinner where wine will be on sale. The meal will include spaghetti, garlic bread, coleslaw and dessert and the cost per person is \$20. There will be door prizes as well as a half and half draw. Tickets are limited and are on sale now. You can reserve yours by calling the CABMN main office at 450-292-3114. The long running Ken Jones Respite program benefits an amazing group of clientele that meets every Thursday in the Youth Centre located at 282 Principale in Mansonville. Supporting this fundraiser means assuring the funds needed to keep the program running. Your attendance is much appreciated so reserve your tickets today!



COURTESY

Ben by Daniel Shelton

